

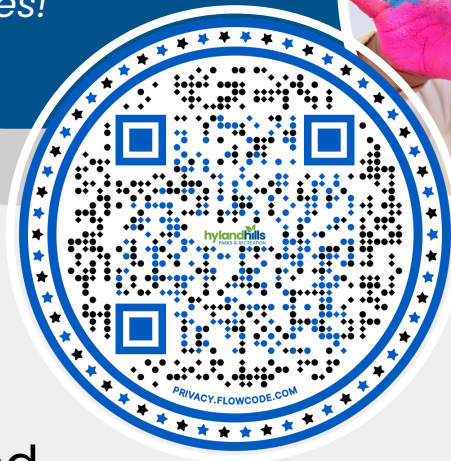
# FREE

## Recreation Programs

FOR FEDERAL HEIGHTS YOUTH

**SPORTS ★ ARTS ★ SWIM ★ GOLF ★ GYMNASTICS**

Scan here to  
see all activities!



Thanks to a generous donation from the City of Federal Heights, all recreation programs offered by the Hyland Hills Park & Recreation District are **FREE for a limited time for anyone under 18 who lives in Federal Heights!**

**VISIT A REGISTRATION SITE WITH PROOF OF RESIDENCY TO GET STARTED:**



**Federal Heights**



**HYLAND HILLS FOUNDATION**

**hylandhills**  
PARKS & RECREATION

### HYLAND HILLS SPORTS CENTER

4201 W 94th Ave

MON-THURS 9AM-9PM, FRI 9AM-9:30PM

SAT 9AM-8:30PM, SUN 10:30AM-6:30PM

### FIT BY HYLAND HILLS

2861 W 120th Ave

MON-THURS 4:30AM-9PM

FRI 4:30AM-8PM, SAT & SUN 6AM-6PM